

Interdisciplinary Honors Core Requirements

Honors Courses

A core curriculum of Honors-specific coursework intended to fulfill a portion of the UW General Education requirements.

HONORS 100 (1 credit)

Honors Arts/Humanities (VLPA)
1 x 5-credit course

Honors Science (NW)
3 x 5-credit courses

Honors Social Science (I&S)
1 x 5-credit course

Honors Interdisciplinary (Multiple Areas of Knowledge)
1 x 5-credit course

Additional Any
3 x 5-credit courses

15 credits must come from courses
with an "HONORS" prefix*

HONORS 496 (1 credit)

Experiential Learning

Participation in two activities outside the classroom in the areas of Service, Research, Leadership, and International Engagement. Each activity must be from a separate area.

Activity 1
Area: _____

Activity 2
Area: _____
Must be in a different area than Activity 1

Reflection via a Portfolio

Portfolios, as a tool of reflection, do not lend themselves to checklists. They are a web-based collection of artifacts and reflective writing that documents and contextualizes the entire span of a student's undergraduate education, and look different based on individual experiences. However, because the portfolio is a key part of the Honors curriculum, and is presented in HONORS 496, the following guidelines help students participate fully in the portfolio.

There are specific requirements to enroll in HONORS 496. Generally, we must see demonstrated engagement with the portfolio process, including the below, but please see the Honors website for more details.

- Entries from classes in your major(s)
- Entries from Honors classes
- Entries from other classes
- One Experiential Learning Entry

Additionally, we expect that your portfolio will:

- Include entries that consider challenges, not just showcase successes
- Include entries that span your entire time in Honors and UW
- Use the reflection space to elicit common themes from your broad undergraduate experiences
- Demonstrate thoughtful reflection alongside each artifact

Each portfolio entry must include an artifact from the class or activity, as well as a reflective annotation regarding that artifact.

Honors Courses

<http://depts.washington.edu/uwhonors/reqs/>

- HONORS 100 must be taken Autumn quarter of a student's first year in the Honors Program.
- *At least 15 credits (excluding HONORS 100 and 496) must come from courses with an "HONORS" prefix.
- The Honors Core overlaps with the UW Areas of Knowledge, and students must complete the Areas of Knowledge requirements for their particular school or college.
- All Honors Core courses must be 5 credits, with the exception of Honors Organic Chemistry (CHEM 335/6/7), which is 4 credits per class. The Honors Core should total 47 credits, unless H-Organic Chemistry is taken.
- No more than 15 credits of ad hoc coursework (on campus or abroad) may apply to the Honors Core. Ad hoc coursework may overlap with coursework in a student's major, but may not simultaneously satisfy Interdisciplinary and Departmental Honors requirements.
- Honors Interdisciplinary courses (HONORS 381/2/3/4 and 391/2/3/4) may only satisfy the 5-credit Interdisciplinary Honors course or Additional Any requirements. These courses may not fulfill Honors Social Science, Arts & Humanities or Natural Science requirements.
- Students are eligible to register for Honors 496 upon completion of 6 of 9 Honors Core courses and 1 of 2 Experiential Learning projects. We recommend students register for Honors 496 in their final year, as it is designed to be a culminating capstone seminar.
- ***For Engineering Students Only:*** The three Honors Science courses must be "accelerated" math or science courses (Honors MATH 124/5/6, 134/5/6, 334/5/6; CHEM 145/55/65, 335/6/7; PHYS 121/2/3; CSE 142/3; departmental ad hoc). Honors 22X courses will NOT fulfill the Engineering Honors Science requirement, but may be counted towards Engineering students' Additional Any Honors requirement.
- **All Interdisciplinary Honors students must maintain a cumulative 3.3 UW GPA.**

Experiential Learning

<http://depts.washington.edu/uwhonors/reqs/exp/>

- Students must complete a minimum of two activities from separate categories (Service, Research, Leadership, International Engagement)
- Apply in advance to count an activity towards Experiential Learning; no retroactive activities will be allowed.

Honors Portfolio

<http://honors.uw.edu/reqs/portfolio/>

- A completed portfolio entry includes both an artifact and a reflective annotation.
- A portfolio must consist of entries that span your time in Honors and UW.
- The portfolio must include entries from Honors classes, major classes, and other classes taken at UW.
- One of the two Experiential Learning activities must be documented in the portfolio.
- The Honors Staff will conduct an annual portfolio audit to ensure continued participation in the portfolio process.