

INTERDISCIPLINARY HONORS CORE REQUIREMENTS

HONORS COURSES

A core curriculum of interdisciplinary coursework that promotes expansive, innovative thinking and conscious global citizenship.

HONORS 100 (1 credit)

HONORS 496 (1 credit)

Honors Arts/Humanities (VLPA)

1 x 5-credit course; must be an HONORS prefix course

Additional Any

5 x 4-5 credit courses; this is the only category that may be fulfilled with non-HONORS prefix courses

Honors Social Science (I&S)

1 x 5-credit course; must be an HONORS prefix course

Honors Science (NW)

1 x 5-credit course; must be an HONORS prefix course

Honors Interdisciplinary (Multiple Areas of Knowledge)

1 x 5-credit course; must be an HONORS prefix course

These requirements may overlap with the UW's Areas of Knowledge requirements.

EXPERIENTIAL LEARNING

Participation in two activities outside the classroom in the areas of Service, Research, Leadership, and International Engagement. Each activity must be from a different area.

Activity 1

Area: _____

Activity 2

Area: _____

REFLECTION VIA A PORTFOLIO

The Honors Portfolio is a web-based collection of artifacts and reflective writing that documents and contextualizes the entire span of a student's undergraduate education. This will look different based on the individual experiences of each student. Between HONORS 100, when the portfolio is introduced and created, and HONORS 496, when the student finalizes and presents the portfolio, we must see demonstrated engagement with the process, including the below. Please see the Honors website for more details.

- Entries from classes in your major(s)
- Entries from Honors classes
- Entries from other classes
- One Experiential Learning entry
- Include entries that consider challenges, not just showcase successes
- Include entries that span your entire time in Honors and UW
- Use the reflection space to elicit common themes from your broad undergraduate experiences
- Demonstrate thoughtful reflection alongside each artifact

HONORS COURSES

<https://honors.uw.edu/reqs/>

- HONORS 100 must be taken Autumn quarter of a student's first year in the Honors Program.
- All 20 credits of Honors Arts/Humanities, Honors Social Science, Honors Science, and Honors Interdisciplinary must come from courses with an HONORS prefix.
- Students must complete the Areas of Knowledge requirements for their particular school or college. The Honors Core may overlap with the UW Areas of Knowledge.
- Coursework taken to fulfill Interdisciplinary Honors requirements may not simultaneously satisfy Departmental Honors requirements.
- All Honors Core courses must be 4 or 5 credits except HONORS 100 and 496
- All Honors Core courses must be decimal-graded
- Students may earn up to 15 credits through the "Honors by contract" process consisting of ad hoc Honors coursework, HONORS 499 credits and/or graduate-level courses. Students must submit a completed application in advance and have it approved by advisers and faculty to earn Honors credit via any of these methods. These credits may only count towards the Honors "Additional Any" requirement.
- Honors Interdisciplinary courses (HONORS 381/2/3/4 and 391/2/3/4) may only satisfy the Interdisciplinary Honors course or Additional Any requirements. These courses may not fulfill the Honors Social Science, Arts/Humanities or Natural Science requirements.
- Students are eligible to register for HONORS 496 on completion of 6 of 9 Honors Core courses and 1 of 2 Experiential Learning activities. We recommend students register for HONORS 496 in their final year, as it is designed to be a culminating capstone seminar.
- **All Interdisciplinary Honors students must maintain a cumulative 3.3 UW GPA.**

EXPERIENTIAL LEARNING

<https://honors.uw.edu/reqs/exp/>

- Students must complete a minimum of two activities from different categories (Service, Research, Leadership, International Engagement).
- Students must apply in advance to count an activity towards Experiential Learning; no retroactive activities will be allowed.

HONORS PORTFOLIO

<https://honors.uw.edu/reqs/portfolio/>

- A completed portfolio entry includes both an artifact and a reflective annotation.
- A portfolio must consist of entries that span your time in Honors and UW.
- The portfolio must include entries from Honors classes, major classes, and other classes taken at UW.
- At least one of the two Experiential Learning activities must be documented in the portfolio.
- The Honors Staff conduct annual portfolio audits to ensure continued participation in the portfolio process and host opt-in activities to provide ongoing support.