

INTERDISCIPLINARY HONORS REQUIREMENTS

HONORS COURSEWORK

To see which courses will satisfy your Honors Core and Honors Electives, see our [upcoming courses page](https://honors.uw.edu/courses/upcoming-courses/):
<https://honors.uw.edu/courses/upcoming-courses/>

HONORS 100 - Introductory Seminar (1 credit)
Taken during your first quarter in Honors

HONORS 496 - Senior Seminar (1 credit)
Offered WIN/SPR, see our courses page for prerequisites

Honors Core

Must be satisfied with a 4-5 credit Honors prefix (HONORS) course from the categories listed below:

- Honors Social Science (SSc)
- Honors Natural Science (NSc)
- Honors Arts & Humanities (A&H)
- Honors Interdisciplinary (Varies)

Honors Electives

5, 4-5 credits courses may be satisfied by completing either additional Honors prefix core courses, Honors electives listed in our quarterly course offerings, or approved Honors credit by contract options.

- _____
- _____
- _____
- _____
- _____

EXPERIENTIAL LEARNING

Participation in two activities outside the classroom in the areas of Service, Research, Leadership, and International Engagement. Each activity must be from a different area.

Activity 1 Category _____

Activity 2 Category _____

REFLECTION VIA THE PORTFOLIO

The Honors Portfolio is a web-based collection of artifacts and reflective writing that documents and contextualizes the entire span of a student's undergraduate education. Your portfolio should be unique to you, both in the experiences you write about but also how you choose to organize, format, and display your portfolio. For example, some art students will combine their Honors portfolio with their art portfolio, some students with a coding background choose to make their own websites or widgets, some share their portfolio with loved ones to give them updates on life in college! It is up to you to decide how you want to document your time but between HONORS 100, when the portfolio is introduced and created, and HONORS 496, when the student finalizes and presents the portfolio, we must see demonstrated engagement with the process, including the below.

- Entries from classes in your major(s)
- Entries from Honors classes
- Entries from other classes
- Entries that consider challenges, not just showcase successes
- One Experiential Learning entry
- Entries that span your entire time in Honors and UW
- Use the reflection space to elicit common themes from your broad undergraduate experiences
- Demonstrate thoughtful reflection alongside each artifact

HONORS COURSEWORK

<https://honors.uw.edu/courses/upcoming-courses/>

- A passing grade and submission of your portfolio in Honors 100 is required to continue in the Honors Program.
- Students must complete their general education requirements (including the areas of inquiry) for their particular school or college (there are many ways to overlap your required general education with the Honors course requirements).
- Coursework taken to fulfill Interdisciplinary Honors requirements may not simultaneously satisfy Departmental Honors requirements.
- All Honors courses must be 4 or 5 credits except HONORS 100 and 496.
- All Honors courses must be decimal-graded.
- To graduate with Interdisciplinary, Departmental, or College Honors, students must have a cumulative GPA of 3.3 at the time of graduation
- Honors courses may apply to one area of inquiry (AoI), and any number additional skills listed (i.e “W”, “DIV”, “C”) if applicable.
- Check our courses page for an accurate listing of offerings that meet the DIV requirement. The course will not appear on your degree audit as DIV after the course is complete.
- Students are eligible to register for HONORS 496 on completion of 6 of 9 Honors Core courses and 1 of 2 Experiential Learning activities. We recommend students register for HONORS 496 in their final year, as it is designed to be a culminating capstone seminar.

Core Courses:

- Core courses may only be fulfilled by HONORS prefix courses from the applicable category (i.e Arts & Humanities, Social Science, Natural Science, and Interdisciplinary)
- All HONORS prefix courses count towards the “W” writing requirement
- Honors Interdisciplinary core courses may only satisfy the Interdisciplinary core course category or Honors electives if the Interdisciplinary core has already been fulfilled. These courses may not fulfill the Honors Social Science, Arts & Humanities or Natural Science requirements.

Electives:

- The Honors electives are a great opportunity to overlap Honors courses with your general education, and often even major coursework.
- Elective courses may be fulfilled by Honors Core Courses if you have already satisfied that core requirement, Honors by Contract (see following bullet), and the Honors Electives listed on our upcoming courses page.
- Many of the Honors elective courses offered through other departments* (such as CHEM145, ENGL182, CSE122) can overlap with major coursework depending on your major.
- Students may earn up to 15 credits through the “Honors by Contract” process consisting of ad hoc Honors coursework, HONORS 499 credits and/or graduate-level courses. See more details and restrictions on our website by going to the “courses header” and selecting your Honors by Contract category of interest (i.e Ad Hoc, Grad-Level Coursework or Honors 499).
- While none of our Honors prefix courses overlap with the general education area of reasoning (RSN), some of our Honors electives do!

EXPERIENTIAL LEARNING

<https://honors.uw.edu/reqs/exp/>

- Students must complete a minimum of two activities from different categories (Service, Research, Leadership, International Engagement)
- Students must apply in advance to count an activity towards Experiential Learning; no retroactive activities will be allowed.
- The student must engage in the activity for a minimum of 20 hours after application deadline.
- Students may use paid and credit bearing opportunities to fulfill this requirement.
- In addition to applying for Honors Scholarships (<https://honors.uw.edu/scholarships/>) you can find additional scholarships to apply for related to each of the experiential learning categories through the Office of Merit Scholarships, Fellowships, and Awards (<https://expd.uw.edu/scholarships/getting-started/lists/>)

REFLECTION VIA THE PORTFOLIO

<https://honors.uw.edu/reqs/portfolio/>

- After your initial Honors 100 portfolio assignment at least one entry per quarter is required.
- A completed portfolio entry includes both an artifact and a reflective annotation
- A portfolio must consist of entries that span your time in Honors and UW.
- The portfolio must include entries from Honors classes, major classes, and other classes taken at UW.
- At least one of the two Experiential Learning activities must be documented in the portfolio.
- The Honors Staff conduct annual portfolio audits to ensure continued participation in the portfolio process and host opt-in activities to provide ongoing support.

<https://honors.uw.edu/reqs/interdisciplinary-honors/>

