

# Interdisciplinary Honors Program

Second Year Admissions  
Information

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# Who should apply to IH?

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Those who seek:

- > to engage deeply in courses outside of their intended major;
- > challenge and rigor;
- > to take academic risks;
- > to actively reflect on their options and choices;
- > to consciously commit to global citizenship;
- > the intimacy of a small intellectual community within an excellent public research university.

# Paths to Honors

## Interdisciplinary Honors

- > Apply via first year, transfer or **second year** admission
- > Complete Honors curriculum that overlaps with UW General Education
- > Diploma says *"with Interdisciplinary Honors"*

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## Departmental Honors

- > Apply through a specific major once admitted
- > Complete Honors requirements in your major
- > Diploma says *"with Honors in \_\_\_\_\_"*

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## College Honors

- > BOTH Interdisciplinary Honors and Departmental Honors
- > Diploma says *"with College Honors in \_\_\_\_\_"*





**What  
will I do  
in Honors?**

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# Interdisciplinary Honors Requirements

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- > **9 Honors courses** that overlap with UW General Education requirements
- > **2 one-credit seminars** one-credit introductory/closing seminars (HONORS 100 & HONORS 496)
- > **2 Experiential Learning Activities** to apply classroom knowledge in the real world (International Engagement, Research, Service, Leadership)
- > **1 Portfolio** to reflect on student experiences through a collection of artifacts

Students  
learn about  
these

in **HONORS 100!**

*There are Second Year admit sections on both days of Honors 100*



# Honors Courses and your UW degree

**HONORS 100 - Introductory Seminar (1 credit)**  
*Taken during your first quarter in Honors*

**HONORS 496 - Senior Seminar (1 credit)**  
*Offered WIN/SPR, see our courses page for prerequisites*

## Honors Core

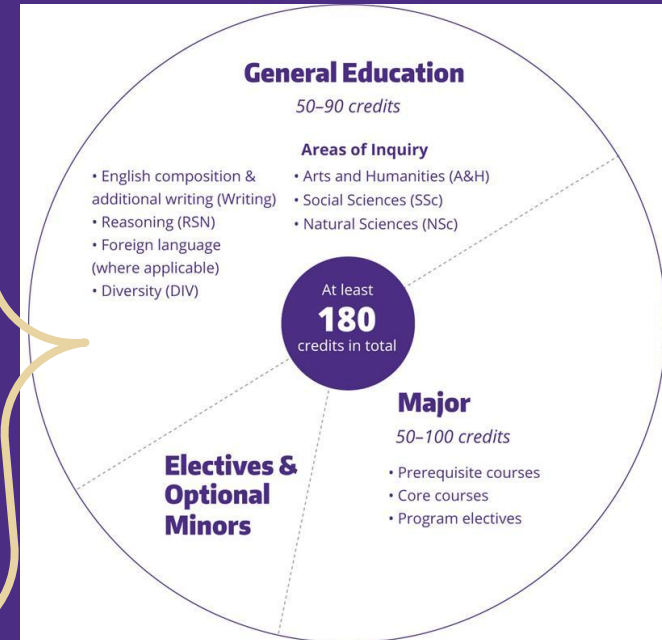
*Must be satisfied with a 4-5 credit Honors prefix (HONORS) course from the categories listed below:*

- Honors Social Science (SSc)
- Honors Natural Science (NSc)
- Honors Arts & Humanities (A&H)
- Honors Interdisciplinary (Varies)

## Honors Electives

*5, 4-5 credits courses may be satisfied by completing either additional Honors prefix core courses, Honors electives listed in our quarterly course offerings, or approved Honors credit by contract options.*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



**Honors classes count toward the UW general education requirements!**



# Courses & Credits

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A core curriculum of Honors courses that overlaps with UW General Education requirements

- > What types of Honors courses are offered?
  - HONORS-prefix (ex: HONORS 230, HONORS 397, HONORS 222)
  - Honors versions of traditional intro courses (ex: CHEM 145, LAW 100)
- > How does Honors work with AP/IB/RS/CHS courses?
  - Excellent preparation and strengthen your application
  - Credits *may* count toward other UW requirements; they do **NOT** count toward Honors requirements



# Experiential Learning

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**Experiential Learning is getting outside of class to enhance your education, which helps you:**

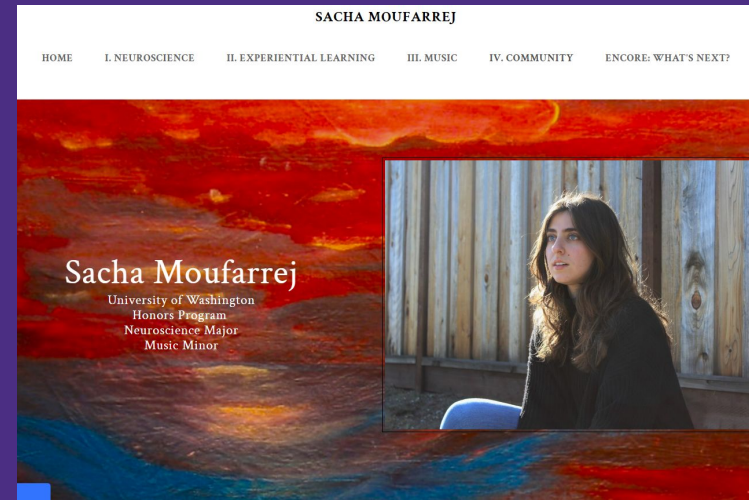
- > Make connections between academic concepts and real-world situations
- > Learn to take academic risks
- > Take charge of your learning
- > Explore the world and your community
- > Develop a deeper understanding of yourself and your goals



# Reflection via Portfolio

Tell your UW Honors story:

- > Understand your strengths and challenges
- > Grow academically and personally
- > Make connection between and across courses, disciplines, and outside of the classroom
- > Keep track of your college life in real time
- > Practice lifelong learning and global citizenship



## Hi, My Name is Vienna Wang

You have entered my portfolio site, and VIENNA presents several choices in front of you. You choose to:

Take a Class (Boost INTELLIGENCE Stat)

Explore Something New (Boost INTERDISCIPLINARY Stat)

Cut Loose (Decrease STRESS Stat)



**Why  
participate  
in Honors?**

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# Benefits

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## Academics

- > Average class size = 28 students
- > Interdisciplinary classes teach new ways of thinking and learning
- > Close contact with professors & community scholars
- > Honors noted on the transcript and diploma

## Support

- > Honors advising – from orientation through graduation
- > Access Honors student leaders
- > Merit-based scholarships – incoming and continuing

## Community

- > Collaborating with similarly engaged peers
- > Social/community events and organizations
- > Honors options in residence halls

**Follow our  
Instagram**  
[@UWHonorsProgram](https://www.instagram.com/UWHonorsProgram)





#### Student-athlete Experiences

The issue that I identified relates to the students-athletes leave college unprepared for the world and do not know what they should be doing to learn that are associated with transition. There are many things that could be beneficial for them while they are in college that could prepare them for the world once they graduate. However, students are not given the opportunity to prepare for their transition.

Realize that being unprepared for his transition is a common issue I think I

The athletic department centered on athletes at UW not being enrolled in classes enrolled in American ethnic studies major

chosen to pursue a degree in psychology. chosen to avoid enrolling in these major forcing them to not participate in the activities, or if it's just a fear of failure.

This problem interest me to degree in sociology. This wasn't

#### Game Day Sponsorships: Adapting the Premium Seating Experience

The Don James Center (DJC) is the top luxury seating space inside Husky Stadium at the University of Washington, and is home to many of the athletic department's top donors, whose contributions help to keep the department operating at peak efficiency. Many of the DJC members are elderly, given the department operating at peak efficiency. Many of the DJC members are elderly, given the department operating at peak efficiency. Many of the DJC members are elderly, given the department operating at peak efficiency. Many of the DJC members are elderly, given the department operating at peak efficiency.

#### Personal Change is the perfect

any time in the fall on game

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# How do I apply to Honors?

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# Who is eligible to apply

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Those interested in second year admission to Interdisciplinary Honors must be:

- > UW freshmen (first year) students
- > Have at least a 3.3 UW cumulative UW GPA or greater
- > Have not earned an Associates degree or have satisfied the UW's Areas of Inquiry requirements
- > Interested in an interdisciplinary, experiential, and reflective experiences

**Consider taking an Honors course in Winter or Spring quarter!**



# Applying for Interdisciplinary Honors

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- > Complete application ([honors.uw.edu/apply/second-year](https://honors.uw.edu/apply/second-year))
  - Two short essays addressing your interest in Interdisciplinary Honors learning
  - Explanation of 3-5 meaningful activities
- > **Submit by the deadline - Thurs. 4/10/25 @ 9AM.**
- > You will hear back from us mid-spring quarter.
  - before AUT 2025 registration
  - If selected for an incoming Second Year scholarship, you'll be emailed during spring quarter.



# Common Questions

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## Can I take an Honors class now (AUT 2024 or WIN 2025)?

- > Yes! After Period I registration email [uwhonors@uw.edu](mailto:uwhonors@uw.edu) to request being added to the (open) course you are interested in. Tell us if you need to drop a course to be added.

## Would all my classes be Honors?

- > A quarter of your classes at UW will be Honors. You should plan to take one 5-credit class per quarter.

## Do Honors students have to take more classes?

- > Interdisciplinary Honors requirements overlap with UW General Education requirements, and the majority of Honors students graduate in four years.

## Will my tuition be any different because I'm in Honors?

- > Tuition is the same, as is room and board in the residence halls.

## Will I work harder/will my GPA suffer because of Honors classes?

- > Probably not. Most students find that some of their highest grades are in their Honors classes. But if you do struggle, advisers are here to help!



# About Departmental Honors

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**All departmental honors programs are different, but all aim to...**

- > allow students to explore their major in greater depth and with greater personal ownership
- > extend the disciplinary vision into individual student work in new and creative ways
- > facilitate mentorship and scholarly guidance from a faculty adviser



# DH Admissions & Requirements

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## Admission

- > Admission procedures are specific to each department
- > Students should consult with an academic adviser within their department for more information *once* they are in the major
- > Interdisciplinary Honors does not guarantee admission to Departmental Honors

## Requirements

- > Minimum cumulative AND departmental GPA of 3.3
- > Approximately 9-12 Departmental Honors credits
- > An extended final project, presentation, or deliverable



# Departmental Honors Benefits

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- > Work closely with faculty and departmental advisers
- > Departmental Honors scholarships
- > Find peers and community
- > Welcome in the Honors Suite & space
- > Honors noted on your degree
- > Study abroad with Honors
- > Honors alumni network
- > Support from Honors student leaders





**Thanks for  
Listening!**

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*honors.uw.edu*